

Panelist

Sue Palmer

*Literacy specialist and author of
'Toxic Childhood', United Kingdom*



The Art of Education



Empowering our children to face the future

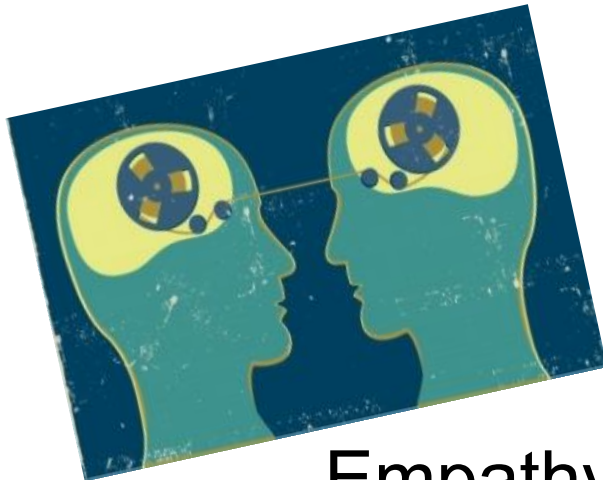


Literacy



Focusing attention

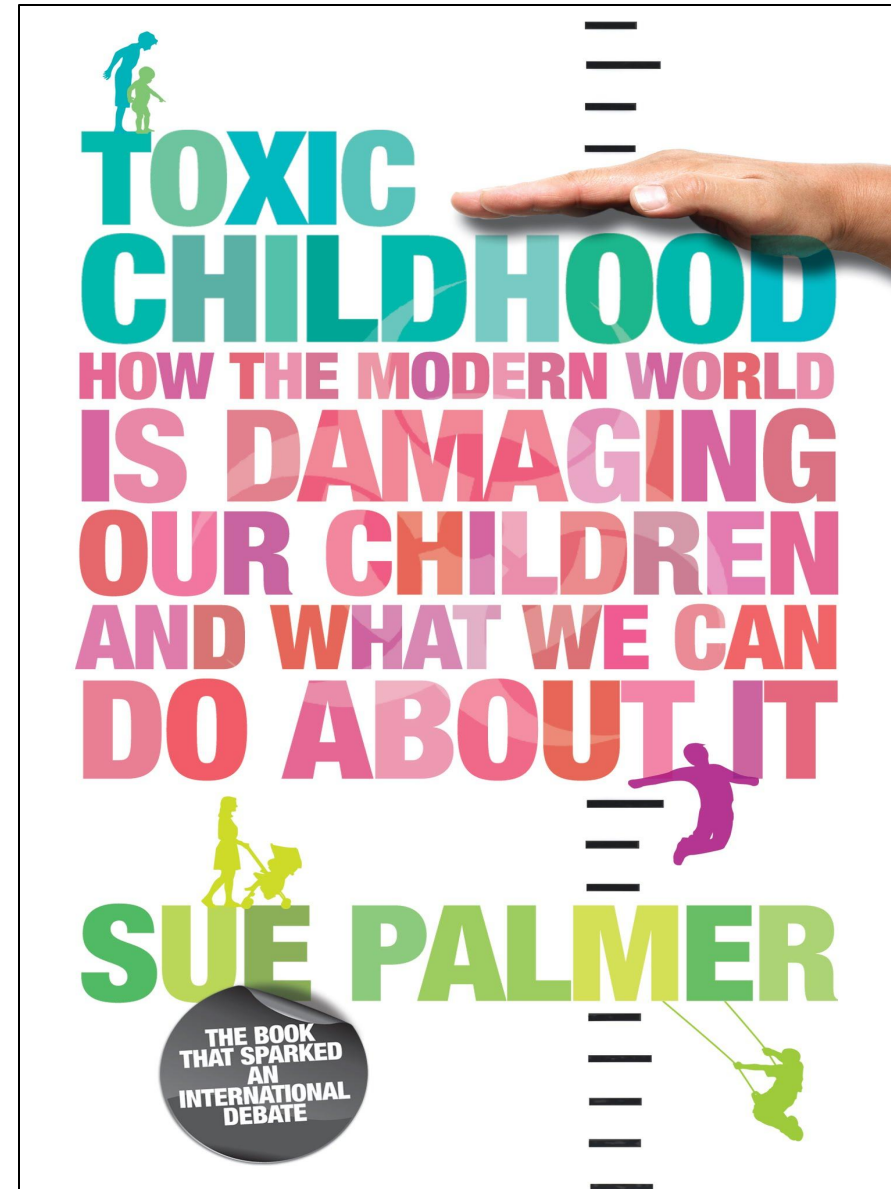
Self regulation



Empathy
and
social skills

Language

Diet
Activity and play
Sleep
Communication
Family structures
Childcare
Education
Media use
Marketing
Parenting/society

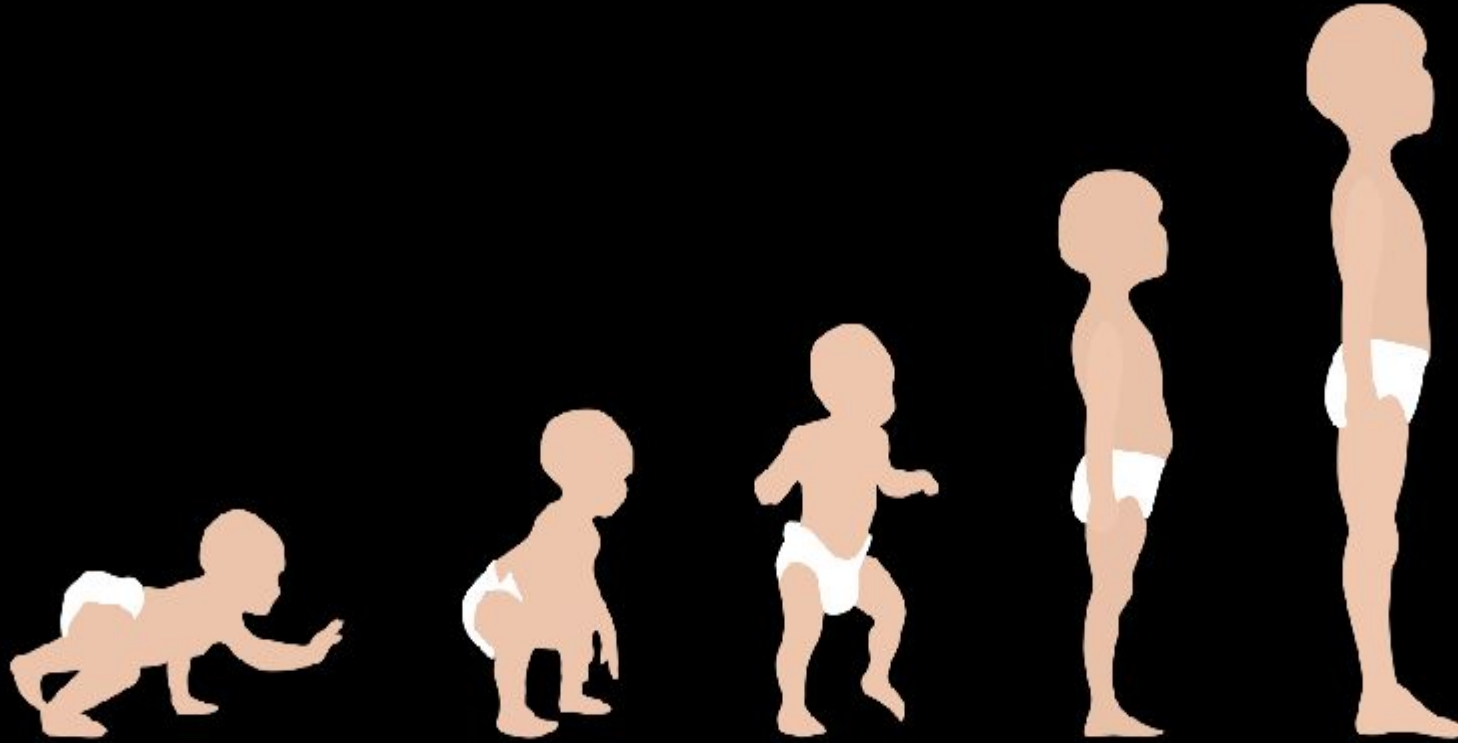


2006

A complex combination of social and cultural change over recent decades, including:

- the decline of active, outdoor play
- an indoor, sedentary screen-based lifestyle
- the commercialisation of childhood
- an increasingly competitive schooling system.

‘In a nutshell, our culture has evolved faster than our biology.’



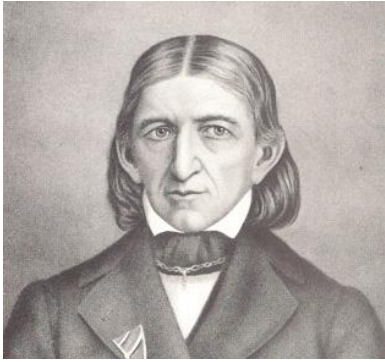
Human children are designed to develop certain skills
and capacities naturally.
These are the foundations on which we build formal education.

Nurture

LOVE

PLAY

Nature



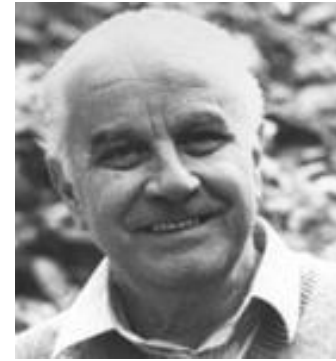
Froebel



Steiner



Montessori



Malaguzzi



Piaget



Vygotsky

PLAY

THE POWER OF PLAY



Self-regulation and
self-efficacy
Creativity

Problem-solving
skills Language
and social skills
Emotional

resilience

Intrinsic motivation
to learn

THE DECLINE OF FREE PLAY



Active, creative, outdoor play is being squeezed out of children's lives from an increasingly early age...

by the twin forces of
'cool' and school.





UPSTART

a campaign to introduce a
kindergarten stage
for children aged
three to seven



www.upstart.scot



Launched, May 2016

‘rights-focused, relationship-centred,
play-based
(as often as possible outdoors)’

Upstart supporters include:

Tam Baillie former Scottish Commissioner for Children & Young People

David Baxter consultant community paediatrician, Highlands Region

Jackie Brock CEO, Children in Scotland

David Cameron educationist, contributor to *Curriculum for Excellence*

John Carnochan co-founder, Scottish Violence Reduction Unit, Glasgow

Theresa Casey President, International Play Association

Dr Beth Christie Learning for Sustainability, University of Edinburgh

John Davis Professor of Childhood Inclusion, University of Strathclyde

John Frank Professor of Public Health, University of Edinburgh

Mary Glasgow Director, Children & Families, Children 1st Scotland

Marguerite Hunter Blair CEO Play Scotland

Pat Kane Musician, writer, broadcaster, Glasgow

Dr Miles Mack Chair, Royal College of General Practitioners Scotland

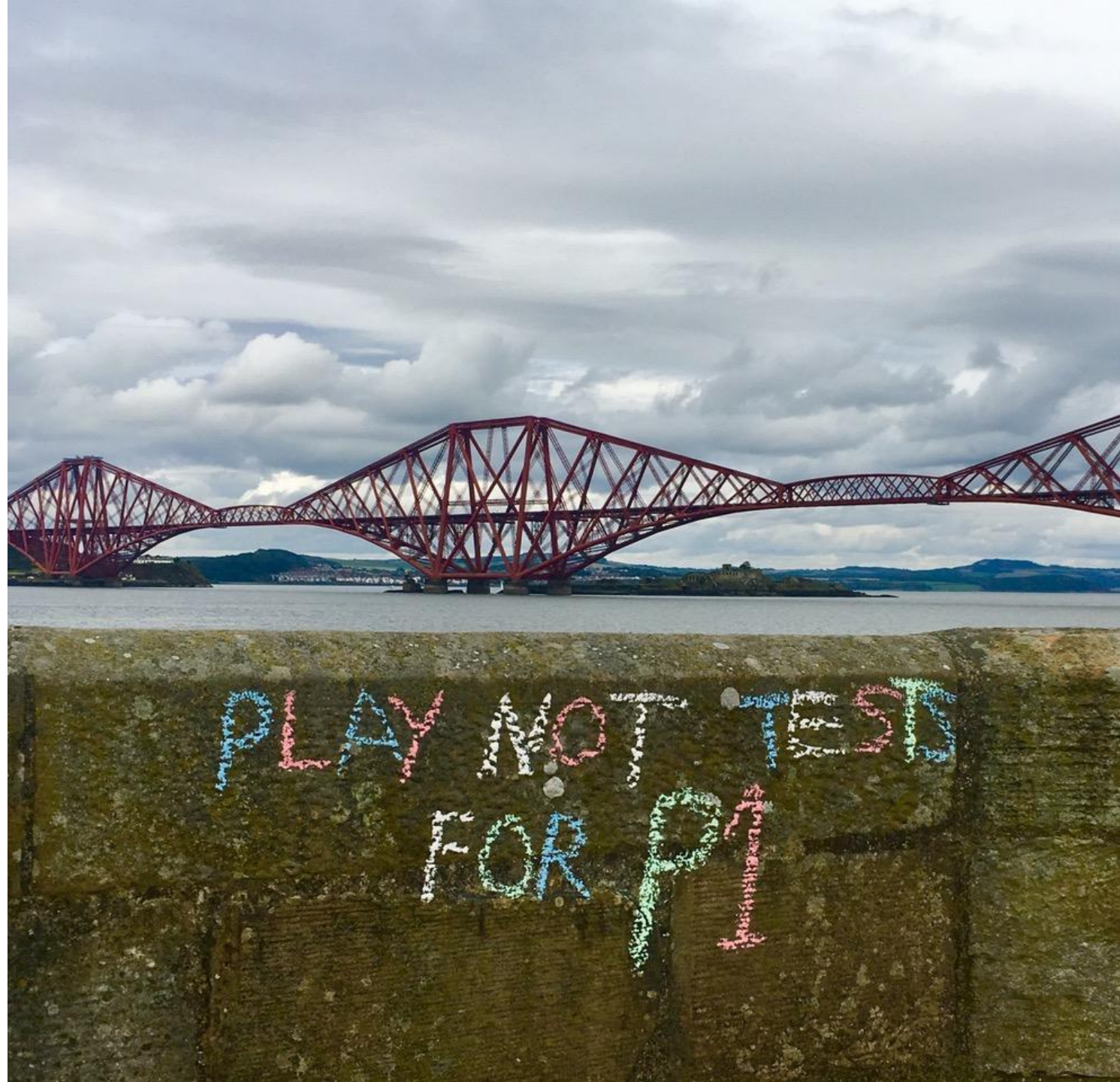
Cathy McCulloch Founder & Director, Children's Parliament

Juliet Robertson Outdoor Education specialist and author, Aberdeen

Donald Smith Director, Traditional Arts and Culture Scotland (TRACS)

Colwyn Trevarthen Emeritus Professor of Child Psychology

Dr Suzanne Zeedyk Research scientist, Dundee University





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www.upstart.scot

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YouTube video:
Play Not Tests Upstart

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